CONTENTS

	Acknow	ledgements	viii
	Figures Tables		xi xv
1	1.1 1.2 1.3 1.4 1.5	Research Question and Theoretical Background Structure of the Work, Data Base and Methodology Preliminaries: Relations between the Cultures under Investigation Preliminaries: Freudian Dream Psychology in the Light of Current Empirical Research Why We Need a Cognitive Approach to the (Pre-)History of Sleep and Dreaming	1 6 9 10
		UISITES FOR A COGNITIVE APPROACH TO THE (PRE-)HISTORY OF AND DREAMING	
2	2.1 2.2 2.3 2.4 2.5 2.6 2.7 2.8 2.9 2.10 2.11	Structure of the Chapter Definition of Sleep Sleep Architecture Sleep Timing and Sleep Duration Definition of Dreaming The Function of Sleep and Dreaming Cognitive Neuroscience of Sleep and Dreaming A Note on Consciousness Formal Features of Dreams and Their Influence on Dream Content Falling and Flying: Dreams with a Strong Sensorimotor Component Half Awake and Half Asleep: Lucid Dreaming and Sleep Paralysis Dreaming as an Embodied Process	17 17 17 18 22 24 28 32 35 38 42 45
3	3.1 3.2 3.3 3.4	Structure of the Chapter and Data Base The Evolution of Sleep and Its Role for Human Cognition The Evolution of Dreaming and Its Constitutive Mental Processes Synopsis	49 49 49 54 63
П	ANALYS	ES OF ARCHAEOLOGICAL AND HISTORICAL SOURCES	
4	4.1 4.2 4.3 4.4 4.5 4.6	Structure of the Chapter and Data Base Sleeping Habits and Burial Customs Relating to Sleep Early Ritual and Administrative Sources Concerned with Dreaming Dreams in Sumerian Royal Inscriptions Dreams in Letters from the Archive in Mari Dreams in Literary Compositions Curse of Agade Lugalbanda in the Cave of the Mountains Enmerkar and EnSUHkešda'ana Sargon Legend Dumuzi's Dream Song of the Plowing Oxen and Origin of Grain	67 67 67 77 80 85 93 93 95 96

CONTENTS

		Epic of Gilgameš Epic of Atramhasīs	100 113
	4.7	Ritual Specialists, Dream Omens and Dream Rituals	114
	4.8	Synopsis	117
5	EGYPT		121
	5.1	Structure of the Chapter and Data Base	121
	5.2	Funerary Architecture and Grave Goods Connected to Sleep	121
	5.3	Dreams and the Netherworld	139
	5.4	Dreams in Rituals and Teachings	145
	5.5	Dreams in Literary Compositions	148
	5.6	Synopsis	151
6	PREHIS	TORIC EUROPE	153
	6.1	Structure of the Chapter and Data Base	153
	6.2	Anatolia	153
	6.3	The Aegean and Greece	165
	6.4	Malta	178
	6.5	The British Isles	181
	6.6	Central Europe	183
	6.7	Synopsis	190
7	CONCL	LUSION	193
	7.1	Discussion of the Results	193
	7.2	Dreams and Other Altered States of Consciousness	
		in the Cognitive Science of Religion	203
	7.3	Afterword and Outlook for Further Research	210
	Bibliogi	raphy	213